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I'm the founder and leader of Optimize. I love studying and embodying wisdom while helping people Optimize their lives so we can change the world together. Before we talk more about me, let ' s talk...

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Philosopher ' s Notes – Optimal Living 101

Brian is a serial-entrepreneur, deep-thinker, relentless-reader and modern-day philosopher. If you like the book summaries on Faster To Master, you will love his “ Philosopher ' s Notes ” . But his best works (so far) are his Optimal Living 101 course and his Master Classes. They ' re a synthesis of all he ' s read and discovered.

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