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Thubten Chodron's responses to the questions that always seem to arise among people approaching Buddhism make this an exceptionally complete and accessible introduction--as well as a manual for living a more peaceful, mindful, and satisfying Life.

*Buddhism for Beginners book by Thubten Chodron*

Buddhism for Beginners by Thubten Chodron This title is a beginner's book in the best sense—it provides a thorough tour of the essentials of Buddhism, remaining clear and accessible without veering into oversimplification.

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