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agey shamanism here.
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Amazon with the
shamans for many
years, has been
initiated in their
healing ways and
then decided to leave
South America, to
share these ancient
peoples' wisdom with
the western world. I

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love shamanism and have read some books on the topic (all the big names out there) but almost always have felt disappointed - they are far too left brained, analytical, methodological, or, at the other end of the spectrum, unrealistic, unworkable, with a focus on the

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psychoactive
experiences of
Ayahuasca or other
sacred plants... but
forgetting all the
other aspects of what
it means to be a
shaman. Tony's book
is totally different - it
makes the bridge
between the fantastic
and sometimes
inaccessible world of
the shamans and our

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real lives. Dozens of practical helpful tips, meditations, breathing exercises, chants, are included for everyone who wants to go deeper into themselves and bring the wonderful world of shamans into their everyday lives. The book is easy to read, accessible and the

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profound wisdom
contained in it is
passed on to the
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and therapy are seeking to incorporate elements of spirituality into their therapeutic oeuvre, addressing not only mental and emotional issues, but also the soul. This book discloses how indigenous traditions can be adapted to offer practitioners a highly effective

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clarifying altered
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and spirit and
transformative
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concrete
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directly to work with clients. It presents research, examples and case studies throughout. This will be enlightening and compelling reading for psychologists, therapists, counsellors and coaches looking for profound insights and innovative methods of practice that cater for

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Healing(R), Brockman explains the DEH(R) model and its practical application, provides 17 case studies that illustrate the model's successful implementation, and assists readers in releasing and eliminating trauma caused by unidentified sources

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of anxiety, depression and relationship difficulties. Through his extensive training in process-oriented psychology, core shamanism (since 1981), energy psychology, and more than 35 years of clinical experience as a psychotherapist in private practice, Brockman has

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"Religion has become
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sick. Jesus's teaching and healing ministries point out this frightening and important truth. The worst enemies of religion usually lie within religion itself. A subtle rigidity takes over that blocks the flow of healing."

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and to the
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